Learning Outcomes

After attending this session, you will be able to:

1. Explain how to incorporate student leaders in your school counseling program.
2. Outline and implement at least one student leadership program in your school.
Introductions

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School Counselor for Clayton Elementary School in Austin ISD
Three Signature Practices

Welcoming Rituals
Engaging Practices
Optimistic Closure

Welcoming Ritual

“WHEN THE BREATH WANDERS THE MIND
ALSO IS UNSTEADY. BUT WHEN THE
BREATH IS CALMED THE MIND TOO
WILL BE STILL.

SVAHMARAMA

BREATHE

LIVE LEARN EVOLVE
Engaging Practices

Today I will learn about leadership programs and consider how to implement each program into my school counseling program.

- Student Ambassadors
- Peer Mentoring Program
- Safety Patrol
- Peer Assistance Leadership and Service

Student Ambassadors

<table>
<thead>
<tr>
<th>Who are they?</th>
<th>Student Ambassadors are students who will welcome any new student into an existing classroom.</th>
</tr>
</thead>
<tbody>
<tr>
<td>What is the purpose?</td>
<td>The purpose of Student Ambassadors is to create a safe, welcoming environment for new students.</td>
</tr>
<tr>
<td>How many people are needed?</td>
<td>Teachers will nominate two students in each class. Teachers should consider students who are kind, helpful, and love to talk to people.</td>
</tr>
<tr>
<td>What materials do I need?</td>
<td>In order to get your program up and running, you’ll need to create a congratulatory letter, a training powerpoint, an Ambassador checklist, Ambassador lanyards, and have some treasures!</td>
</tr>
<tr>
<td>What steps do I need to take?</td>
<td>We’ll tell ya what to do.</td>
</tr>
</tbody>
</table>
Step 1: Encourage teachers to select two students.

- Give teachers a few weeks to get to know their students.
- Have teachers share with you who they want as their Ambassadors.

Step 2: Pick dates and times to train students and invite them to be trained.

- Send out calendar invites to teachers and front office.
- Make announcements as a reminder for students and teachers on when to train.
Step 3: Inform front office.

- Let front office know about the program.
- Give front office the lanyards and checklists to have at the front.
- When a new student arrives, the front office is the first to know. They will go to the classroom and will hand the checklist and lanyards to the Ambassadors who will, then, welcome the new student.

Step 4: Create materials.

- Make congratulatory letters.
- Make lanyards for students to wear.
- Make checklists for students to use.
- Have a treasure box ready for students who complete the checklists.
Step 5: Train students.

- Tell students the purpose of an Ambassador.
- Ask students how they’d feel if they were new to a school.
- Ask students why it might be helpful for someone to help a new student.
- Have them practice how to introduce a person.
- Review the checklist and objectives for the day.
- Take a tour of the school if need be and have students practice introductions with nurse, principal, librarian, etc.

Step 6: Send home letters.

Dear Parent,

Congratulations! Your child, [child’s name], has been selected by [teacher’s name] to serve as a [School Name] Ambassador. As an Ambassador, your child will welcome new students to their classroom. Each homeroom teacher has chosen two students from their class who are kind, helpful, and comfortable talking with other students and teachers to serve in this leadership role. They will work together to show new [school mascot] that [school name] is a safe and welcoming school.

[School Name] Ambassadors will help new students with routines, introduce them to staff and peers, and include our new [school mascot] during lunch and recess during the transition time. We had training on the roles and responsibilities of [School Name] Ambassadors and your child has accepted this opportunity! [School Name] Ambassadors will be invited to lunch with me a time or two throughout the year as a thank you for taking on this role. Please feel free to contact me at [your phone number] or [your email address] if you have any questions.
Step 7: Watch the magic happen. And celebrate!

- Once your program is up and running, your Ambassadors will take over.
- As the counselor, one of the stops they must make is with me, so I meet every new student.
- **Pro Tip:** Schedule a “Lunch with the Counselor” celebration for your hard-working Ambassadors. They love it!

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**Peer Mentoring**

<table>
<thead>
<tr>
<th>Who are they?</th>
<th>Peer Mentors are fourth grade students who provide mentoring in Social and Emotional Learning (SEL) skills to teacher identified K - 2 students who would benefit.</th>
</tr>
</thead>
<tbody>
<tr>
<td>What is the purpose?</td>
<td>The purpose of Peer Mentoring is to develop leaders while providing role modeling for younger students identified with lagging SEL skills.</td>
</tr>
<tr>
<td>How many people are needed?</td>
<td>We have 22 Peer Mentors and 22 Mentees.</td>
</tr>
<tr>
<td>What materials do I need?</td>
<td>You’ll need to have the following: games, concepts that you would like reinforced, permission slips</td>
</tr>
<tr>
<td>What steps do I need to take?</td>
<td>See next slide.</td>
</tr>
</tbody>
</table>
Step 1: Create a Google Nomination form for Mentees.

- Have teachers select students that will benefit from reinforcement of Social Emotional Learning skills.

Step 2: Create Google Nomination form for Mentors.

- These are students who are excellent role models, displaying excellent SEL skills daily.
Step 3: Send home permission slips.

From the Clayton Counselors

[Image]

Step 4: Match the students.
Step 5: Define a time that works for all.

- 7:50 to 8:10 a.m. works best on our campus.

Step 6: Train the Mentors on Mentee Management and skills.
Step 7: Meet monthly at lunch with mentors to teach a skill to be reinforced.

Step 8: Hold weekly Mentor/Mentee meetings in large space with adult supervision.
Safety Patrol

Who are they?
Safety Patrol members are student leaders who are responsible and help ensure the safety of families during mornings before school and during dismissal.

What is the purpose?
The purpose of Safety Patrol is to give a leadership opportunity to students who are eager and willing to help serve the whole school and keep the school safe. It also helps with the process of students entering and exiting a learning environment.

How many people are needed?
It depends on your school’s need. We need about 12 students in the morning and at dismissal to have a functioning Safety Patrol.

What materials do I need?
In order to get your program up and running, you’ll need stop signs, vests, permission slips, and a system.

What steps do I need to take?
We’ll tell ya what to do.

Step 1: Create application for Safety Patrol.

Safety Patrol Application for 2019 - 2020 School Year

Student Name: ____________________________
Current Teacher: _______________________

Please share in your own words a paragraph about why you would like to be a part of the Safety Patrol Leadership Team and what you think you can bring to the Safety Patrol Leadership Team. Use an additional page(s) if necessary.

My child has permission to participate in the Safety Patrol Leadership Team. I understand that my child is expected to be on time on their duty days, and all schoolwork missed during patrol duties is to be made up. If my child is accepted, I will join with Ms. Kern and the 5th grade teachers to encourage my child to honor their commitment for the entire school year.
Step 2: Create a manual for Safety Patrol to follow.

MILLS SAFETY PATROL MANUAL

Step 3: Recruit students to be on Safety Patrol.
Step 4: Provide students with manual and have students be trained “on the job.”

Step 5: Create a schedule for your students to follow.

<table>
<thead>
<tr>
<th>First</th>
<th>2nd</th>
</tr>
</thead>
<tbody>
<tr>
<td>AM DUTY</td>
<td>Monday</td>
</tr>
<tr>
<td>Crosswalk - Lomita</td>
<td></td>
</tr>
<tr>
<td>Crosswalk - Lomita</td>
<td></td>
</tr>
<tr>
<td>Crosswalk - Parking Lot</td>
<td></td>
</tr>
<tr>
<td>Crosswalk - Parking Lot</td>
<td></td>
</tr>
<tr>
<td>Front Drive</td>
<td></td>
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<tr>
<td>Front Drive</td>
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<tr>
<td>Front Drive</td>
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<tr>
<td>Bus Lane</td>
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<tr>
<td>Bus Lane</td>
<td></td>
</tr>
<tr>
<td>Cafeteria</td>
<td></td>
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<tr>
<td>Cafeteria</td>
<td></td>
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<tr>
<td>Flag</td>
<td>Library</td>
</tr>
<tr>
<td>Flag</td>
<td>Library</td>
</tr>
</tbody>
</table>

Check off each day you are present on duty.
Step 6: Watch the magic happen!

- **Pro Tip:** Schedule a celebration for your hard-working Safety Patrollers.

Peer Assistance and Leadership

<table>
<thead>
<tr>
<th>Who are they?</th>
<th>Students who serve in a variety of leadership roles including No Place for Hate Committee, Cardinal Broadcast, Campus Improvement Committee, Lost and Found, and Classroom Helpers.</th>
</tr>
</thead>
<tbody>
<tr>
<td>What is the purpose?</td>
<td>The purpose of the Peer Assistance and Leadership (PALS) is to grow positive leaders who serve as peer role models to all of our students.</td>
</tr>
<tr>
<td>How many people are needed?</td>
<td>This depends on how broad you make your program. We had 87 PALS last year.</td>
</tr>
<tr>
<td>What materials do I need?</td>
<td>You’ll need the following materials to help your program get started: application, Google Drive, and time.</td>
</tr>
<tr>
<td>What steps do I need to take?</td>
<td>Select your students...get going!</td>
</tr>
</tbody>
</table>
Step 1: Recruit students.

- Visit 4th grade classrooms at the end of the school year.
- Provide information about leadership opportunities.
- Pass out applications.

Step 2: Recruit adults to help.

- Collaborate with fifth grade teachers and other adults to find sponsors for PALS and Committees.
- Ask all teachers who would like PALS Classroom Helpers.
Step 3: Select PALS / Our Criteria.

Step 4: Assign PALS to committees based on selections.
Step 5: Notify Sponsor and PALS of Assignments.

- Advise students of their acceptance and provide Leadership Participation Form for parent and student signature.
- Email teachers / sponsors their list of students.
- Remind them of dates of meetings.
- Provide copy of criteria and ask sponsors to notify you if there are any problems.
- Notify student homeroom teachers and front office of student assigned committees.

Step 5b: Notify Sponsor and PALS of Assignments.

- Determine in advance what will happen if criteria is no longer met and be sure this is on the form signed by student and parent.
- Communicate regularly with sponsors if you have scheduling conflicts such as state testing, field trips, etc.
What is one thing you can take from this session and apply to your own school counseling program?

https://padlet.com/denise_berry/1ek9w2whwkml
Scan the code to access all the documents!

Questions?

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kristina.kern@austinisd.org

QR code doesn’t work for you? Visit the documents here:
https://drive.google.com/drive/folders/1ZnFGjgxE980eDufu6UPs26xb7dFIQA?usp=sharing