ASCA National Model 4th Edition

Define

Framing this Webinar

What it is…
• Initial step into 4th edition
• Overview of the changes
• Exposure to new templates

What it is not…
• Replacement for reading the book
• Detailed explanations
Learning outcomes: Review **Define** component of the ASCA National Model

1. ASCA Mindsets & Behaviors for Student Success
2. The ASCA School Counselor Professional Standards & Competencies
3. ASCA Ethical Standards for School Counselors
Define: standards for students and professional practice

- Serve as defining documents of school counseling profession
- Help new/experienced school counselors develop, implement & assess a school counseling program
DEFINE

**Student Standards**

ASCA Mindsets & Behaviors for Student Success:
K-12 College and Career Readiness Standards for Every Student

**Professional Standards**

ASCA Ethical Standards for School Counselors

ASCA School Counselor Professional Standards & Competencies

**Student Standards**

ASCA Mindsets & Behaviors for Student Success:
K-12 College and Career Readiness Standards for Every Student

**Behaviors**

**Attitudes**

**Skills**

K-12 College and Career Readiness Standards for Every Student
Noncognitive Skills Research

Key Research

Define

Teaching Adolescents To Become Learners
The Role of Noncognitive Factors in Shaping School Performance: A Critical Literature Review

Socio-Cultural Context
School and Classroom Context

Academic Mindsets

Learning Strategies

Academic Perseverance

Academic Behaviors

Academic Performance

Carolina A. Forgason, Melissa Richard, Elena Alvernaz, Jenny Negrillo, Yahe Sereno Reyes, Carol S. Johnson, and Nancy E. Tweedie.
Summary of Research on Learning Strategies

- Academic Mindsets
  - Academic Perseverance
  - Academic Behaviors
  - Academic Performance

Learning Strategies
- Study Skills
- Metacognitive Strategies
- Self-Regulated Learning
- Time Management
- Goal-Setting

Summary of Research on Social Skills

- Social Skills
  - Interpersonal Skills
  - Empathy, Cooperation
  - Assertion, and Responsibility

Academic Behaviors
Academic Performance
It works & it lasts!

“…educational interventions and initiatives that target these psychological factors can have transformative effects on students’ experience and achievement in school, improving core academic outcomes such as GPA and test scores months and even years later.”

(Dweck et al, 2011)
M&B Define the work of the school counselor


The ASCA School Counselor Professional Standards & Competencies

- Outline the rigorous demands of the school counseling
- Ensure all school counselors are equipped to establish, maintain and enhance a school counseling program
The ASCA School Counselor Professional Standards & Competencies

School counselors

- Self-assess their own mindsets and behaviors
- Formulate an appropriate professional development plan
Mindsets:

- Are **beliefs** school counselors hold about student achievement & success
- Are recognized through **behaviors** school counselor demonstrates as a result of implementation of school counseling program
- Do not have correlating competencies

**Organization of**
The ASCA School Counselor Professional Standards & Competencies

Behaviors: demonstrated through the implementation of school counseling program including:

- **Professional Foundation** – the essential skills that are basis of a school counselor’s professional orientation
- **Direct and Indirect Student Services**
- **Planning and Evaluation** – activities necessary for design, implementation and evaluation of the school counseling program
ASCA Ethical Standards for School Counselors

- Specify **principles of ethical behavior** necessary to maintain the highest standard of integrity, leadership and professionalism
- Guide school counselors’ **decision-making**
- Standardize professional practice to **protect** both students and school counselors.

ASCA National Model, 4th, ed.
Pages 15 - 28
ASCA Ethical Standards for School Counselors

- **Guide ethical practices** of all school counselors, supervisors/directors of school counseling programs and school counselor educators

- **Provide support and direction** for self-assessment, peer consultation and evaluations regarding school counselors’ responsibilities to all

- **Inform all stakeholders** of best ethical practices, values and expected behaviors of the school counseling professional.

ASCA Resources

- **ON-SITE TRAINING**
  - If your school or district is looking to bring specialized training to your school counselors, ASCA can help! In your area, there may be school counseling-specific professional development opportunities. ASCA can provide training opportunities for the entirety of the ASCA National Model.

- **DISTRICTWIDE TRAINING**
  - Districtwide ASCA training will help your school to implement the ASCA National Model and prepare school counselors for success. The districtwide training includes the development of a comprehensive guide highlighting the best practices for the district.

- **COACHING**
  - Get personalized coaching to help your school work toward a comprehensive school counseling program aligned with the ASCA National Model. ASCA offers coaching opportunities to ensure your school counselors are successful.

- **ASCA Certified Trainers**
  - A number of ASCA Certified Trainers are available to provide training and coaching to your school or district.

- **ASCA Resources**
  - Visit the ASCA website for more resources and information on the ASCA National Model.
Thank You