ASCA National Model 4th Edition

Deliver

Framing this Webinar

What it is…
• Initial step into 4th edition
• Overview of the changes
• Exposure to new templates

What it is not…
• Replacement for reading the book
• Detailed explanations
Learning Outcomes

Review the Deliver component of the ASCA National Model:

- Direct Student Services
  - Instruction
  - Appraisal and Advisement
  - Counseling
- Indirect Student Services
  - Consultation
  - Collaboration
  - Referrals
Direct Student Services

- Activities that help students attain the ASCA Mindsets & Behaviors for Student Success

- Data (student achievement, attendance and discipline) inform the decisions about what activities to deliver to create the most significant impact

<table>
<thead>
<tr>
<th>Direct Student Service</th>
<th>Setting</th>
</tr>
</thead>
<tbody>
<tr>
<td>Instruction</td>
<td>1. Classroom</td>
</tr>
<tr>
<td></td>
<td>2. Small group</td>
</tr>
<tr>
<td></td>
<td>3. Individual</td>
</tr>
<tr>
<td>Appraisal and Advisement</td>
<td>1. Classroom</td>
</tr>
<tr>
<td></td>
<td>2. Small group</td>
</tr>
<tr>
<td></td>
<td>3. Individual</td>
</tr>
<tr>
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</tr>
<tr>
<td></td>
<td>2. Individual</td>
</tr>
</tbody>
</table>

Instruction

- Teaching the school counseling curriculum to students
  - Helps all students maximize their potential
  - Enhances academic, career, and social/emotional development

- Focused through ASCA Mindsets & Behaviors
  - Intentionally selected to improve academics, attendance & discipline

- Curriculum is planned, written instructional program:
  - Comprehensive in scope
  - Preventive in nature
  - Developmental in design

- Occurs in classrooms, large and small groups, or individually
Appraisal and Advisement

• Two-part process in which school counselors help students understand their abilities, values and career interests

• Focus is attainment of applicable ASCA Mindsets & Behaviors

• Often results in students creating personal goals and future plans

• Occurs with individuals, in small groups, & in classroom setting

Appraisal: school counselors work with students to analyze and assess their abilities, interests, skills and achievement

• focus is on a student test, inventory or other data
• school counselor provides interpretation, evaluation, and feedback
• leads to development of academic, career and/or social/emotional plans

Example: analysis of completed interest inventory to inform student’s selection of a career pathway.

Advisement: school counselors make recommendations based on appraisal of tests, inventories and other data

• helps students makes decisions for their future
• inspires students to realize full potential

Example: school counselor makes recommendations for appropriate course selection or program of study.
Counseling

• Professional assistance and support provided to a student or small group of students
  • Transition
  • Heightened stress
  • Critical change
  • Other situations impeding student success
• Short-term
• Based on counseling theories and techniques effective in school setting
• Focused on promoting academic, career and social/emotional development
• ASCA Mindsets & Behaviors focus the counseling process

Counseling is used to support students during and after a crisis.

• Crisis …
  • Significant time of intense difficulty, distress or danger
  • Requires an immediate response
• School counselors
  • Collaborate with families and other professionals
  • Make referrals when students require long-term support after a crisis
Indirect Student Services

- Services that support student success and promote equity & access for all students

- Typically involve interactions with parents, teachers, administrators, school staff and community stakeholders
  - On behalf of an individual student, or
  - To promote systemic change to address the needs of groups of students

Consultation

Providing information, opinions & recommendations to individuals who can support a student’s need, such as:
  - Sharing strategies that support student success
  - Advocating for students to promote academic, career and social/emotional development

Seeking information from an expert about student needs, such as:
  - Educational experts
  - Legal experts
  - Mental health experts
Collaboration

Process in which multiple individuals work toward a common goal and share responsibility for the associated tasks.

- Teaming and partnering
- School/district committees
- Parent workshops
- Community partnerships
- Crisis response

Referrals

When student needs support beyond short-term services or counseling

- School counselor’s ethical duty to refer
- Links students and parents to school or community resources for additional assistance or information

Examples may include referrals to:

- Tutoring
- College planning websites
- Employment training
- Community mental health agencies
ASCA Resources

ON-SITE TRAINING

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ASCA offers district-wide, ASCA National Model training and implementation programs for all school counselors in the school system. This two-day training includes professional development, program evaluation, and implementation of a comprehensive school counseling program.

We wrote the book on school counseling. Get your training from the experts. Learn more at www.schoolcounselor.org/professionaldevelopment.

COACHING

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Get individual coaching to help your school work toward a comprehensive school counseling program aligned with the ASCA National Model with an ASCA National Model coach. ASCA’s expertise has been identified with the ASCA National Model.

DISTRICTWIDE TRAINING

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Thank You