Tools for New Counselors

Webinar Presenter: Patrice Davis, Lyle Cooper & Jan Gay
Webinar Date: August 23, 2018

Introductions
Patrice Davis-Baldwin County Board of Education Counseling and Intervention Supervisor
Lyle Cooper-School Counselor, Gulf Shores Elementary
Jan Gay, School Counselor, Summerdale School
Learning outcomes:

• Identify resources for building their comprehensive school counseling program that aligns with the ASCA national model.
• Discuss the importance of forging professional mentorships and community resources.
• Understand the importance of continuous professional development and professional membership at the national and state level for school counselors.
• Minimize fears and concerns that a new counselor may face

Suggested First Steps for Setting Up a Comprehensive School Counseling Program

• Conduct a needs assessment for students, faculty/staff, parents, community, and other stakeholders.
• Compose your vision and mission statement.
• Meet with your principal to discuss your responsibilities and the counseling expectations for the school year.
Suggested First Steps for Setting Up a Comprehensive School Counseling Program

- Complete the **Principal/ Counselor Annual Agreement Form** and discuss during your meeting.
- Conduct a **program audit**.
- Establish an **advisory council** and plan to meet at least twice during the school year.

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Suggested First Steps for Setting Up a Comprehensive School Counseling Program

- Prepare your **yearly calendar** of activities.
- Prepare your **monthly calendar** of activities.
- Prepare your **weekly calendar** of activities.
- Create/update your **Comprehensive School Counseling and Guidance Program Plan**.
Suggested First Steps for Setting Up a Comprehensive School Counseling Program

• Create a brochure, Power Point Presentation, newsletter, etc. to provide an overview of your school counseling program.

• Plan parent meetings to explain the role of the school counselor and the school counseling program, i.e., PTO/PTA, Open House, Doughnuts With Dads, Muffins With Moms, Pastries With Parents.

Suggested First Steps for Setting Up a Comprehensive School Counseling Program

• Present “Meet the Counselor” lessons in every classroom.

• Educate your faculty and staff on your role as a school counselor.

• Discuss the ASCA Ethical Standards for School Counselors with your principal, and have them to sign acknowledging that they have read, reviewed, and discussed the Code of Ethics.
Suggested First Steps for Setting Up a Comprehensive School Counseling Program

• Select a use of time assessment tool to help analyze the amount of time spent in direct and indirect services to students.

• Know your school’s data, school’s strengths, and school’s weaknesses.
  – Student achievement data
  – Achievement related data
  – Standards and competency related data

Suggested First Steps for Setting Up a Comprehensive School Counseling Program

• Understand any additional data that is available because it helps to measure the results of the program as well as to promote systematic change within the school system.
Understanding Your School’s Culture

• Explore the school website
• Interview your administrator
• Understand their vision for the school
• Take a look at their ACIP plan
• Look at their data/test scores/attendance
• Ask for a school tour
• Meet with previous counselor/faculty

Instruction

Alabama Grade Level Standards, Competencies, and Indicators for the Counseling Curriculum Scope and Sequence

ACADEMIC DEVELOPMENT DOMAIN 3-5

Standard A: Students will acquire the attitudes, knowledge and skills that contribute to effective learning in school and across the life span.

<table>
<thead>
<tr>
<th>Competency A.A1</th>
<th>Improve Academic Self-Concept</th>
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<tbody>
<tr>
<td>A.A1.1</td>
<td>Articulate feelings of competence and confidence as learners</td>
</tr>
<tr>
<td>A.A1.4</td>
<td>Accept mistakes as essential to learning process</td>
</tr>
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</table>

<table>
<thead>
<tr>
<th>Competency A.A2</th>
<th>Acquire Skills for Improving Learning</th>
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<tbody>
<tr>
<td>A.A2.2</td>
<td>Demonstrate how effort and persistence positively affect learning</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Competency A.A3</th>
<th>Achieve School Success</th>
</tr>
</thead>
<tbody>
<tr>
<td>A.A3.3</td>
<td>Develop a broad range of interests and abilities</td>
</tr>
<tr>
<td>A.A3.4</td>
<td>Demonstrate dependability, productivity and initiative</td>
</tr>
<tr>
<td>A.A3.5</td>
<td>Share knowledge</td>
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Lesson Planning...having a plan

Planning...

• Create a schedule of topics for the year.
• Create files, electronic folders, make copies.
• Age appropriate lessons.
• Classroom Management Ideas
• Pre/Post test vs. Exit Slips
• Is it Data Driven???

Resources

• ASCA Scene
• TPT
• Bibliotherapy
• Blogs, Instagram, Google
• YouTube
• Amazon
• Target, Dollar Tree, Dollar General
• Goloodle
• Brainpop

Schedule your lessons

<table>
<thead>
<tr>
<th>Month</th>
<th>Topic</th>
<th>Pre-K-1st</th>
<th>2nd-4th</th>
<th>5th-6th</th>
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<tbody>
<tr>
<td>August</td>
<td>21st-25</td>
<td>&quot;Counselor Intro&quot; Mr. Potato Head/CS</td>
<td>&quot;Counselor Intro&quot; Mr. Potato Head/Kahoot/CS</td>
<td>Powtoon/PowerPoint/Kahoot/</td>
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<tr>
<td></td>
<td>28th-31</td>
<td>&quot;Intro&quot; Give me 5/Best high 5/CS</td>
<td>Name game activity</td>
<td>Name game activity</td>
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<td>September</td>
<td>4th-8th</td>
<td>Habit 1: Salt in his shoe-video</td>
<td>Habit 1: Salt in his shoe-video</td>
<td>Habit 1: Video/activity/Kahoot</td>
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<tr>
<td></td>
<td>11th-13th</td>
<td>Habit 2: Very Busy Spider Video</td>
<td>Habit 2: Very Busy Spider Video</td>
<td>Habit 2: Video/activity/Kahoot</td>
</tr>
<tr>
<td></td>
<td>18th-22nd</td>
<td>Habit 3: The very hungry Caterpillar video</td>
<td>Habit 3: The very hungry Caterpillar video</td>
<td>Habit 3: Video/activity/Kahoot</td>
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<tr>
<td></td>
<td>25th-29th</td>
<td>Habit 4: Rainbow Fish</td>
<td>Habit 4: Rainbow Fish</td>
<td>Habit 4: Video/activity/Kahoot</td>
</tr>
<tr>
<td>October</td>
<td>2nd-6th</td>
<td>Habit 5: &quot;Can't believe you said that!&quot;</td>
<td>Habit 5: &quot;Can't believe you said that!&quot;</td>
<td>Habit 5: Video/activity/Kahoot</td>
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<tr>
<td></td>
<td>9th-13th</td>
<td>Habit 6: Chicken Sunday</td>
<td>Habit 6: Chicken Sunday</td>
<td>Habit 6: Video/activity/Kahoot</td>
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<tr>
<td></td>
<td>16th-20th</td>
<td>Habit 7</td>
<td>Habit 7</td>
<td>Habit 7: Video/activity/Kahoot</td>
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<tr>
<td></td>
<td>23rd-27th</td>
<td>Drug/Alcohol Prevention-SRO</td>
<td>Drug/Alcohol Prevention-SRO</td>
<td>Drug/Alcohol Prevention-SRO</td>
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<td>November</td>
<td>30th-3rd</td>
<td>Bullying-Bully Beans/ activity</td>
<td>Bullying-Bully Beans</td>
<td>Bullying-Kahoot/Uptander</td>
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<tr>
<td></td>
<td>6th-10th</td>
<td>Bullying-Too Much Teasing/activity</td>
<td>Bullying-Too Much Teasing</td>
<td>Bullying-Pledge Cards/crossword puzzle</td>
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<tr>
<td></td>
<td>13th-17th</td>
<td>Kindness-Kindness Counts/activity</td>
<td>Kindness-Kindness Counts</td>
<td>Kindness</td>
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<tr>
<td></td>
<td>27th-30th</td>
<td>Empathy-Ricky Sticky Fingers/activity</td>
<td>Empathy-Ricky Sticky Fingers</td>
<td>Careers-Kuder</td>
</tr>
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Creating an Inviting space

• Things to consider when setting up your office/classroom.
  – Is it a warm and welcoming space for all students?
  – Is it culturally inviting? Will all students feel welcome.
  – Is there enough room for 1-2 students or 2 parents to sit at a time?
  – Post on website and invite staff to come and see your counseling space.
  – Will you want to spend a lot of your time in that space?
  – Search Pinterest, Instagram, Facebook and Counseling Blogs for ideas.
  – Post signs about Confidentiality

Elementary

• Utilize Books, stuffed animals, posters, and bright colors.
• Use local stores like Dollar Tree, Target, Michaels, and Walmart to decorate your space.
• Have an area for “calming” or “cooling down”

Middle/High School

• Use College/Career/Military signs and banners to promote college/career opportunities.
• Use local stores like Dollar Tree, Target, Michaels, and Walmart to decorate your space.
• Have stress relief items available.
• Dry Erase Board-For student sign up.

• Post a sign about where you are located.

Pictures from Our “Happy Places”
Technology Tools for School Counselors

• Google Classroom
• Kami
• Youcanbookme.com
• Kahoot.it
• Brainpop
• Brainpop Jr.
Opening in Kami app

Career lesson example
Career lesson example

My Community Helper:
International Human Rights Lawyer
(Specialize in Women Rights)

Tools Used for Job:
- 7 years of college
- 4 years of undergraduate and 3 years of law school
- Bachelor's degree
- Courses in English
- Public speaking
- Government History
- Mathematics

Problem solving worksheet example

A Peaceable Press
Making the World a Better Place for Kids

Fake Pepperoni at Crusty's is a Hot Topic!

A group of concerned parents met with Crusty's Pizza Restaurant last night to talk about pepperoni.

Crusty's began using fake pepperoni on their pizza last week. And their fake pepperoni is the result of the problem according to the parents.

The pepperoni is being sold as some people said Crusty's is not using real pepperoni. It's hard to let the fake from the real pepperoni after we've had it.

Kids are still ordering the pepperoni pizza like crazy — so what if it's fake? Crusty said.

The conflict was not solved at last night's meeting, but the issue of Crusty's fake pepperoni is mushrooming.
Kahoot.it

Which one of these best fits your group of peers?

- Your baby sister
- Your soccer coach
- Your favorite aunt
- Your classmate

Questions (7)

1. Which one of these best fits your group of peers?
2. Which of these is an example of positive peer pressure?
3. Positive peer pressure is defined as
4. You should pick your best friends based on:
Appointment calendar

Youcanbookme.com

Welcome to our on-line booking system. Click on any of the available times below to make a booking.

<table>
<thead>
<tr>
<th>Mon</th>
<th>Wed</th>
<th>Fri</th>
<th>Sun</th>
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<tbody>
<tr>
<td>9:00 AM</td>
<td>10:00 AM</td>
<td>11:00 AM</td>
<td>12:00 PM</td>
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<tr>
<td>1:00 PM</td>
<td>2:00 PM</td>
<td>3:00 PM</td>
<td>4:00 PM</td>
</tr>
<tr>
<td>5:00 PM</td>
<td>6:00 PM</td>
<td>7:00 PM</td>
<td>8:00 PM</td>
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Youtube

The Berenstain Bears and the Truth

Season 2, episode 5, Original Air Date: 10/11/95. Brother has quite a passion for soccer and won't join in other activities with Sister. When they begin to fight, they accidentally break Mama's favorite lamp. They tell fibs about how it broke, but Mama tells them that the truth.

Show More
Tips

- Build your program on the ASCA Model
- Remember the basics
- Be efficient and effective
- Collaborate with everyone
- Prepare a list of community resources
- Plan your staff development
- Develop a school crisis plan
- Actively practice self-care
- Build a Network
- Find a Mentor
Building a Network

- State and National Membership/Involvement
- Professional Development
- ASCA Scene
- Mentorship
- Build relationships with counselors in your area
- Join Facebook Counseling Groups
- Follow Counselors on Twitter and Instagram

Final tip: Remember who you are – a counselor!
5 Stars

Good Basics + Collaboration + Efficiency + Health + ASCA
Model =

Remember: This is what you signed up for. Make your first year you’re most memorable year! It will fly by.....and you will never get your first year back!