



National School Counseling Week 2018 Sample Morning Announcements

Day One

Good morning. This is [insert name], your school counselor, and today is the first day of National School Counseling Week. Our focus for the week is "Helping Students Reach for the Stars."

Civil rights pioneer Harriet Tubman once said "Every dream begins with a dreamer. Always remember, you have within you the strength, the patience and the passion to reach for the stars to change the world."

As your school counselor, I'm here to help you explore your dreams and discover how to achieve them. Come by and talk to me soon.

Make today great!

Day Two

Good morning. This is [insert name], and today is a part of National School Counseling Week. The message today is about your aspirations.

Aspirations are defined as a hope or ambition of achieving something. We sometimes call them stars – things you are reaching for. Sometimes aspirations, like stars, can seem so far away that they can't be touched. But that doesn't have to be your reality. Aspirations can be anything you want them to be. A career choice, a personal wellness goal, an academic goal, anything. If you could list one or two things you would like to achieve, what would they be?

A wise man once said, "Your aspirations are your possibilities."

If you ever want to chat about your "stars" or aspirations, feel free to stop by and talk to me.

Live with purpose today!

Day Three

Good morning. This is [insert name], and today is a part of National School Counseling Week. I would like to begin today's message with a quote from Eleanor Roosevelt. She once said, "The future belongs to those who believe in the beauty of their dreams." Let me begin by asking you a question. What can you do to achieve your dreams? Work hard? Sure? Write down your dream on paper so you can see it every day. Of course. But there is one simple thing you must do in order to achieve your dreams – set goals.

Goals, similar to dreams, are things that you aspire to do. You can have a goal to get a certain grade in your most challenging class. You can have a goal to create a time management plan for tackling your homework after school. You can even have a goal to wake up a bit earlier each day so you won't rush in the mornings before school. Goals are things you want to set your mind to accomplish. Do you need help with setting your personal goals? I am here, so stop by and see me.

Stay focused. Be kind. Be great!

Day Four

Good morning. This is [insert name], and today is a part of National School Counseling Week. Today's message is about tapping into your network to reach your dreams.

Pop star Katy Perry once said, "It takes a village to make me who I am." This simple quote has a lot of depth. Each one of us has a village. Your village consists of your classmates, friends, family, teachers and others who surround you each day. Your village can help you become who you want to be. Your village is your network.

Sometimes when we share our dreams and goals with our village, they can provide much needed support to help us achieve them. If you've set a goal to increase your grade in a class maybe discuss your goal with your teacher. He/she could provide you with strategies to help you accomplish what you've set out to do.

Who do you trust in your village to help you with your dreams? Who could be a resource and help you along your path to achieving your goals? Give this some thought and come see me if you want to chat.

Make today count!

Day Five

Good morning. This is [insert name], your school counselor, and today is part of National School Counseling Week. The school counseling staff, like everyone in our school, is here to make a difference in your life. We want to help you dream big and reach your stars.

As Dr. Seuss says,

You're off to Great Places!
Today is your day!
Your mountain is waiting,
So... get on your way!

Our door is always open, and we are ready to help you. Nothing is too big or small for us. Thank you for celebrating National School Counseling Week with us. Have a terrific and safe weekend!