December 7, 2021

The Honorable Patrick Leahy
Chairman
Senate Committee on Appropriations

The Honorable Richard Shelby
Vice-Chairman
Senate Committee on Appropriations

The Honorable Patty Murray
Chairwoman
Subcommittee on Labor, Health and Human Services, and Education
Senate Appropriations Committee

The Honorable Roy Blunt
Ranking Member
Subcommittee on Labor, Health, and Human Services, and Education
Senate Appropriations Committee

Re: Addressing the Shortages of School Mental Health and Other Specialized Instructional Support Personnel in FY2022

Dear Chairwoman Murray and Ranking Member Blunt:

On behalf of the undersigned state and national organizations, we urge you to move as quickly as possible to pass an FY2022 appropriations bill that helps address the severe shortages of school-based mental health professionals (school psychologists, school counselors, and school social workers) and other specialized instructional support personnel. Earlier this year, 165 state and national organizations called on Congress to invest significantly in addressing the workforce shortages, and we are grateful that you heard and addressed our requests.

We were pleased to see that the House passed an FY2022 LHHS Appropriations bill that contained $502 million for the School Based Mental Health Services Professional Demonstration Grant; $500 million for the School Based Mental Health Services Grant Program; and $250 million for personnel development grants (IDEA Part D Section 662). Combined, these three grants address the critical shortage of school-based mental health professionals and other specialized instructional support personnel in two distinct and essential ways: by increasing the available workforce, and by helping districts support increased positions to improve access to services. Given the critical impact of COVID-19 on students, especially students from vulnerable populations, such as students with disabilities, students of color, and LGBTQ students – in terms of both academics and social/emotional/mental well-being -- and the well documented shortages of such professionals, a targeted and significantly increased federal investment in each of these three programs is vital.

The Senate FY2022 LHHS Appropriations bill includes $800 million for the School Based Mental Health Services Professionals and School Based Mental Health Services grants, combined, and $200 million for the IDEA personnel development grants. We are grateful for these proposed investments, and encourage maximum investment in these critical programs. We urge you to pass an FY2022 appropriations bill as soon as possible so that states and districts can access these funds and engage in meaningful efforts to address the workforce shortages. To be clear, additional Continuing Resolutions would be devastating for students and school staff who require more support than ever and should not be considered a viable path forward.

Even prior to COVID-19, significant need existed among students for mental health services, while schools faced critical shortages of open positions and qualified practitioners, which includes school counselors, school psychologists, and school social workers. Additionally, school communities are in need of graduate education programs and faculty needed to train the workforce necessary to keep up with the growing student population. The pandemic further exacerbated disparities in access and resources for
schools that face the highest needs and are hardest to serve. As schools have reopened, they are facing unprecedented numbers of students and staff demonstrating mental and behavioral health concerns. The needs of our students are quickly outpacing the capacity of our schools and communities to respond. Increasing the amount of school-based mental health professionals will be critical to these efforts. One in five students will experience a mental and behavioral health concern and research shows that students are more likely to receive mental health supports if they are offered at school. The National Association of School Psychologists (NASP) recommends a ratio of one school psychologist per 500 students. The American School Counselor Association and the School Social Work Association of America recommend a ratio of 1:250; however national ratios for all professions are more than double what is recommended. Shortages in school psychology, like shortages in other related education and mental health professions, have the potential to significantly undermine the availability of high quality services to students, families, and schools and result in limited scope of service delivery. Our students deserve more than the bare minimum.

Comprehensive school mental and behavioral health service delivery systems promote wellness, resiliency, skill building, and self-advocacy skills. Adequate access to school-employed mental health professionals improves delivery and integration of school-wide programming to foster positive school climate, prevent violence, and balance physical and psychological safety. Without a highly qualified workforce of school-employed mental health professionals, schools lack the capacity to provide comprehensive social and emotional learning and mental, behavioral, and academic interventions and supports. Qualified school-employed mental health providers help identify students who may need more intensive services or those who require immediate intervention and provide coordination with community providers for specific students. Importantly, ongoing access to mental health services promotes school safety by helping to create a positive learning environment in which students feel connected to their school community.

In order to support the increased need for comprehensive mental and behavioral health services and the availability of school-based mental health professionals, it is necessary to continue to provide robust federal investments to help high needs districts recruit and retain well-trained, highly qualified mental health professionals. For these reasons, we urge you to pass FY2022 Appropriations legislation that contains, at a minimum, $800 million for the School Based Mental Health Services Professionals and School Based Mental Health Services grants, combined, and $300 million for the IDEA personnel development grants. As FY2022 Appropriations move to conference with the House passed legislation, we ask that you fight for these important investments to remain in the final bill.

Thank you for your consideration of this request. We look forward to working with you to make sure students in every community are supported to reach their maximum potential.

CC: Members of US Senate
    Members of the US House of Representatives
    White House Domestic Policy Council

Sincerely,

National Organizations

All4Ed
American Occupational Therapy Association
American Psychological Association
American School Counselor Association
Association for Ambulatory Behavioral Health Care
Association of School Business Officials International (ASBO)
Bazelon Center for Mental Health Law
CAST
Center for Learner Equity
Children and Adults with Attention-Deficit/Hyperactivity Disorder
Committee for Children
Council for Exceptional Children
Council of Administrators of Special Education
Council of Parent Attorneys and Advocates
Eating Disorders Coalition for Research, Policy & Action
EDGE Consulting Partners
Futures Without Violence
Global Alliance for Behavioral Health & Social Justice
GLSEN
Green Dot Public Schools
Higher Education Consortium for Special Education
Learning Disabilities Association of America
Mental Health America
MENTOR National
NABITA
NASW
National Association for Children's Behavioral Health
National Association for Rural Mental Health
National Association of County Behavioral Health and Developmental Disability Directors
National Association of Elementary School Principals
National Association of Pediatric Nurse Practitioners
National Association of School Psychologists
National Association of Pupil Services Administrators
National Association of School Nurses
National Association of Secondary School Principals
National Association of State Directors of Special Education (NASDSE)
National Center for Learning Disabilities
National Council of Teachers of Mathematics
National Disability Rights Network (NDRN)
National Education Association
National League for Nursing
National PTA
National Rural Education Association
National Superintendents Roundtable
RI International
Sandy Hook Promise
School Social Work Association of America
School-Based Health Alliance
SHAPE America - Society of Health and Physical Educators
Teach For America
Teacher Education Division of the Council for Exceptional Children
The Global Alliance for Behavioral Health & Social Justice
The Jed Foundation

State Organizations
Alaska School Counseling Association
Arizona Association of School Psychologists
Association of School Psychologists of Pennsylvania
California Association of School Counselors
California Association of School Psychologists
Colorado School Counselor Association
Colorado Society of School Psychologists
Connecticut Council of Administrators in Special Education
Connecticut School Counselor Association
Delaware School Counselor Association
Florida Association of School Psychologists
Florida PTA
Georgia Association of School Psychologists
Guam Association of School Counselors (GASC)
Hawaii Association of School Psychologists
Illinois Alliance of Administrators of Special Education
Illinois Principals Association
Illinois School Counselor Association
Indiana Association of School Psychologists
Indiana School Counselor Association
Iowa School Counselor Association
Letchworth Central School District
Lone Star State School Counselor Association
Louisiana School Psychological Association
Louisiana School Psychological Association
Magnolia State School Counselor Association
Maine Association of School Psychologists
Maine Principals' Association
Maine School Counselor Association
Maryland School Psychologists' Association (MSPA)
Michigan Association of School Psychologists
Michigan Council for Exceptional Children
Michigan PTA
Michigan School Counselor Association
Minnesota PTA
Minnesota School Counselor Association
Minnesota School Psychologists Association
Missouri School Counselor Association
Montana School Counselor Association
Montana School Counselor Association
Nevada Association of School Psychologists
Nevada School Counselor Association
New Jersey School Counselor Association, Inc.
New Mexico Association of School Psychologists
New Mexico Parent Teacher Association
New Mexico School Counselor Association
NJ Principals and Supervisors Association
North Carolina School Counselor Association
North Carolina School Psychology Association
North Dakota Association of School Psychologists
NYASP
NYSSCA
Ohio School Counselor Association
Oklahoma School Psychological Association
Palmetto State School Counselor Association
Prince George's County School Psychologist Association (PGCSPA)
South Carolina Association of School Psychologists
Tennessee School Counselor Association
Texas Association of School Psychologists
Utah Association of School Psychologists (UASP)
Vermont Principals' Association
Virginia PTA
Virginia School Counselor Association (VSCA)
Washington Association of School Social Workers
Washington State Association of School Psychologists (WSASp)
Washington State PTA
West Virginia School Psychologists Association
Wisconsin School Psychologists Association