December 7, 2021

The Honorable Patrick Leahy

Chairman

Senate Committee on Appropriations

The Honorable Patty Murray

Chairwoman

Subcommittee on Labor, Health and Human Services, and Education Senate Appropriations Committee The Honorable Richard Shelby

Vice-Chairman

Senate Committee on Appropriations

The Honorable Roy Blunt

Ranking Member

Subcommittee on Labor, Health, and Human Services, and Education Senate Appropriations Committee

Re: Addressing the Shortages of School Mental Health and Other Specialized Instructional Support Personnel in FY2022

Dear Chairwoman Murray and Ranking Member Blunt:

On behalf of the undersigned state and national organizations, we urge you to move as quickly as possible to pass an FY2022 appropriations bill that helps address the severe shortages of school-based mental health professionals (school psychologists, school counselors, and school social workers) and other specialized instructional support personnel. Earlier this year, 165 state and national organizations called on Congress to invest significantly in addressing the workforce shortages, and we are grateful that you heard and addressed our requests.

We were pleased to see that the House passed an FY2022 LHHS Appropriations bill that contained \$502 million for the School Based Mental Health Services Professional Demonstration Grant; \$500 million for the School Based Mental Health Services Grant Program; and \$250 million for personnel development grants (IDEA Part D Section 662). Combined, these three grants address the critical shortage of school-based mental health professionals and other specialized instructional support personnel in two distinct and essential ways: by increasing the available workforce, and by helping districts support increased positions to improve access to services. Given the critical impact of COVID-19 on students, especially students from vulnerable populations, such as students with disabilities, students of color, and LGBTQ students — in terms of both academics and social/emotional/mental well-being — and the well documented shortages of such professionals, a targeted and significantly increased federal investment in each of these three programs is vital.

The Senate FY2022 LHHS Appropriations bill includes \$800 million for the School Based Mental Health Services Professionals and School Based Mental Health Services grants, combined, and \$200 million for the IDEA personnel development grants. We are grateful for these proposed investments, and encourage maximum investment in these critical programs. We urge you to pass an FY2022 appropriations bill as soon as possible so that states and districts can access these funds and engage in meaningful efforts to address the workforce shortages. To be clear, additional Continuing Resolutions would be devastating for students and school staff who require more support than ever and should not be considered a viable path forward.

Even prior to COVID-19, significant need existed among students for mental health services, while schools faced critical shortages of open positions and qualified practitioners, which includes school counselors, school psychologists, and school social workers. Additionally, school communities are in need of graduate education programs and faculty needed to train the workforce necessary to keep up with the growing student population. The pandemic further exacerbated disparities in access and resources for

schools that face the highest needs and are hardest to serve. As schools have reopened, they are facing unprecedented numbers of students and staff demonstrating mental and behavioral health concerns. The needs of our students are quickly outpacing the capacity of our schools and communities to respond. Increasing the amount of school-based mental health professionals will be critical to these efforts. One in five students will experience a mental and behavioral health concern and research shows that students are more likely to receive mental health supports if they are offered at school. The National Association of School Psychologists (NASP) recommends a ratio of one school psychologist per 500 students. The American School Counselor Association and the School Social Work Association of America recommend a ratio of 1:250; however national ratios for all professions are more than double what is recommended. Shortages in school psychology, like shortages in other related education and mental health professions, have the potential to significantly undermine the availability of high quality services to students, families, and schools and result in limited scope of service delivery. Our students deserve more than the bare minimum.

Comprehensive school mental and behavioral health service delivery systems promote wellness, resiliency, skill building, and self-advocacy skills. Adequate access to school-employed mental health professionals improves delivery and integration of school-wide programming to foster positive school climate, prevent violence, and balance physical and psychological safety. Without a highly qualified workforce of school-employed mental health professionals, schools lack the capacity to provide comprehensive social and emotional learning and mental, behavioral, and academic interventions and supports. Qualified school-employed mental health providers help identify students who may need more intensive services or those who require immediate intervention and provide coordination with community providers for specific students. Importantly, ongoing access to mental health services promotes school safety by helping to create a positive learning environment in which students feel connected to their school community.

In order to support the increased need for comprehensive mental and behavioral health services and the availability of school-based mental health professionals, it is necessary to continue to provide robust federal investments to help high needs districts recruit and retain well-trained, highly qualified mental health professionals. For these reasons, we urge you to pass FY2022 Appropriations legislation that contains, *at a minimum*, \$800 million for the School Based Mental Health Services Professionals and School Based Mental Health Services grants, combined, and \$300 million for the IDEA personnel development grants. As FY2022 Appropriations move to conference with the House passed legislation, we ask that you fight for these important investments to remain in the final bill.

Thank you for your consideration of this request. We look forward to working with you to make sure students in every community are supported to reach their maximum potential.

CC: Members of US Senate
Members of the US House of Representatives
White House Domestic Policy Council

Sincerely,

National Organizations

All4Ed American Occupational Therapy Association American Psychological Association American School Counselor Association Association for Ambulatory Behavioral Health Care

Association of School Business Officials International (ASBO)

Bazelon Center for Mental Health Law

CAST

Center for Learner Equity

Children and Adults with Attention-Deficit/Hyperactivity Disorder

Committee for Children

Council for Exceptional Children

Council of Administrators of Special Education

Council of Parent Attorneys and Advocates

Eating Disorders Coalition for Research, Policy & Action

EDGE Consulting Partners

Futures Without Violence

Global Alliance for Behavioral Health & Social Justice

GLSEN

Green Dot Public Schools

Higher Education Consortium for Special Education

Learning Disabilities Association of America

Mental Health America

MENTOR National

NABITA

NASW

National Association for Children's Behavioral Health

National Association for Rural Mental Health

National Association of County Behavioral Health and Developmental Disability Directors

National Association of Elementary School Principals

National Association of Pediatric Nurse Practitioners

National Association of School Psychologists

National Association of Pupil Services Administrators

National Association of School Nurses

National Association of Secondary School Principals

National Association of State Directors of Special Education (NASDSE)

National Center for Learning Disabilities

National Council of Teachers of Mathematics

National Disability Rights Network (NDRN)

National Education Association

National League for Nursing

National PTA

National Rural Education Association

National Superintendents Roundtable

RI International

Sandy Hook Promise

School Social Work Association of America

School-Based Health Alliance

SHAPE America - Society of Health and Physical Educators

Teach For America

Teacher Education Division of the Council for Exceptional Children

The Global Alliance for Behavioral Health & Social Justice

The Jed Foundation

State Organizations

Alaska School Counseling Association

Arizona Association of School Psychologists

Association of School Psychologists of Pennsylvania

California Association of School Counselors

California Association of School Psychologists

Colorado School Counselor Association

Colorado Society of School Psychologists

Connecticut Council of Administrators in Special Education

Connecticut School Counselor Association

Delaware School Counselor Association

Florida Association of School Psychologists

Florida PTA

Georgia Association of School Psychologists

Guam Association of School Counselors (GASC)

Hawaii Association of School Psychologists

Illinois Alliance of Administrators of Special Education

Illinois Principals Association

Illinois School Counselor Association

Indiana Association of School Psychologists

Indiana School Counselor Association

Iowa School Counselor Association

Letchworth Central School District

Lone Star State School Counselor Association

Louisiana School Psychological Association

Louisiana School Psychological Association

Magnolia State School Counselor Association

Maine Association of School Psychologists

Maine Principals' Association

Maine School Counselor Association

Maryland School Psychologists' Association (MSPA)

Michigan Association of School Psychologists

Michigan Council for Exceptional Children

Michigan PTA

Michigan School Counselor Association

Minnesota PTA

Minnesota School Counselor Association

Minnesota School Psychologists Association

Missouri School Counselor Association

Montana School Counselor Association

Montana School Counselor Association

Nevada Association of School Psychologists

Nevada School Counselor Association

New Jersey School Counselor Association, Inc.

New Mexico Association of School Psychologists

New Mexico Parent Teacher Association

New Mexico School Counselor Association

NJ Principals and Supervisors Association

North Carolina School Counselor Association

North Carolina School Psychology Association

North Dakota Association of School Psychologists

NYASP

NYSSCA

Ohio School Counselor Association

Oklahoma School Psychological Association

Palmetto State School Counselor Association

Prince George's County School Psychologist Association (PGCSPA)

South Carolina Association of School Psychologists

Tennessee School Counselor Association

Texas Association of School Psychologists

Utah Association of School Psychologists (UASP)

Vermont Principals' Association

Virginia PTA

Virginia School Counselor Association (VSCA)

Washington Association of School Social Workers

Washington State Association of School Psychologists (WSASP)

Washington State PTA

West Virginia School Psychologists Association

Wisconsin School Psychologists Association