I AM ASCA

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WHY ARE YOU A MEMBER OF ASCA? Being a member of ASCA means being a part of a community of school counselors who share the same passion for school counseling as I do. The networking, resources and mentoring are vital parts of my continuous membership.

WHAT INSPIRES YOU ABOUT BEING A SCHOOL COUNSELOR? Being able to plant seeds in my students’ lives. As school counselors, we might not see the immediate outcome for our students. However, when we do, it’s priceless.

WHAT MAKES YOU UNIQUE AS A SCHOOL COUNSELOR? My creativity, my love of data – and my southern accent.

WHAT WORDS DO YOU LIVE BY? “You may not control all the events that happen to you, but you can decide not to be reduced by them.” Maya Angelou

WHAT DO YOU DO WHEN YOU NEED TO DECOMPRESS/ELIMINATE STRESS/REFUEL FOR THE NEXT DAY? I love music. Listening to some ‘90s R&B while driving home always helps me relax. Other things I may do to destress are get a massage, journal, workout or sit on the patio and listen to nature.

WHAT’S YOUR FAVORITE THING ABOUT BEING A SCHOOL COUNSELOR? I love being my students’ cheerleader.

WHAT WOULD YOU BE DOING IF YOU WEREN’T A SCHOOL COUNSELOR? Wedding planner

WHEN AND WHY DID YOU KNOW YOU WANTED TO PURSUE A CAREER IN SCHOOL COUNSELING? I took a psychology course in college and felt stress free for the first time in my undergraduate studies. After talking with one of my favorite professors, helping my military buddies apply for college and praying, I decided being a school counselor was a part of my journey while on this Earth.

WHAT’S YOUR FAVORITE SONG? “RAIN” BY SUNDAY SERVICE CHOIR

WHAT’S YOUR COFFEE ORDER? CARAMEL LATTE WITH TWO SUGARS AND WHIPPED CREAM

WHAT’S YOUR GUILTY PLEASURE? PURSES, SHOES AND CLOTHING

WHAT IS ONE THING YOU’RE REALLY GOOD AT? GRAPHIC DESIGN

WHAT SUPERPOWER DO YOU WISH YOU HAD? THE ABILITY TO FREEZE TIME

READ MORE ABOUT DIANA
WWW.SCHOOLCOUNSELOR.ORG/IAMASCA