

I AM ASCA

QUITA JONES

School Counselor
Lowndes Middle School
Valdosta, Ga.

WHY ARE YOU AN ASCA MEMBER? It's my professional organization.

WHAT INSPIRES YOU ABOUT BEING A SCHOOL COUNSELOR? The ability to be a positive role model for children and to share knowledge and career opportunities

WHAT WOULD YOU BE DOING IF YOU WEREN'T A SCHOOL COUNSELOR? Still working with students in some capacity or professional furniture "upcycler"

WHEN AND WHY DID YOU KNOW YOU WANTED TO BE A SCHOOL COUNSELOR? I worked alongside middle and high school counselors as the technical college recruiter and tech prep coordinator and found their jobs interesting. I honestly didn't know that I wanted to be a school counselor until I began my internships and worked in the schools with students.

WHAT BRINGS YOU JOY? My family and building relationships with students

WHAT DO YOU DO TO DECOMPRESS/ELIMINATE STRESS/REFUEL FOR THE NEXT DAY? After work, I sit in my car for 5-10 minutes before going into my house. I work out in the mornings, and I watch my favorite TV shows nightly before bed.

HOW WOULD YOU DESCRIBE YOUR JOB TO A 5 YEAR OLD? I help kids unravel their thoughts, learn to understand their feelings and how to use their words to say what they want or need.

FAST FACTS > WHAT'S YOUR FAVORITE SMELL AND WHY? JASMINE; IT'S LIGHT AND CLEAN. **> WHAT'S YOUR FAVORITE DESSERT?** POUND CAKE WITH ICE CREAM **> WHAT'S YOUR GUILTY PLEASURE?** CHIPS **> WHAT SUPERPOWER DO YOU WISH YOU HAD?** DUPLICATION **> WHAT COULD YOU TALK ABOUT FOR 30 MINUTES WITH NO NOTES?** COOKING **> DO YOU HAVE ANY HIDDEN TALENTS/WHAT CAN YOU DO?** CRAFTING

READ MORE ABOUT QUITA
SCHOOLCOUNSELOR.ORG/IAMASCA