

I AM ASCA

SYDNEY PIRAS

School Counselor
Stillwater Area High School,
Stillwater, Minn.

WHY ARE YOU AN ASCA MEMBER? The professional development opportunities

WHAT INSPIRES YOU ABOUT BEING A SCHOOL COUNSELOR?
Supporting students on their educational journeys

WHAT WORDS DO YOU LIVE BY? If that's the worst thing that happens today, we're doing okay.

WHAT WOULD YOU BE DOING IF YOU WEREN'T A SCHOOL COUNSELOR?
Lobbying or working in the tech field

FAST FACTS > WHAT'S YOUR FAVORITE SMELL? EUCALYPTUS
> WHAT'S YOUR FAVORITE DESSERT? CHEESECAKE **> WHAT'S YOUR GUILTY PLEASURE?** READING **> WHAT SUPERPOWER DO YOU WISH YOU HAD?** THE ABILITY TO FLY **> WHAT COULD YOU TALK ABOUT FOR 30 MINUTES WITH NO NOTES?** SOCCER
> DO YOU HAVE ANY HIDDEN TALENTS/WHAT CAN YOU DO? I CAN JUGGLE, BURP ON COMMAND AND SING HORRIBLY

READ MORE ABOUT SYDNEY
SCHOOLCOUNSELOR.ORG/IAMASCA

WHEN AND WHY DID YOU KNOW YOU WANTED TO BE A SCHOOL COUNSELOR? I didn't know I wanted to be a school counselor until college. I was trying to figure out what type of career I could have in the psychology field. I liked the type of work school counselors did and the impact they could have on the future.

WHAT BRINGS YOU JOY? My family and friends, soccer, good music, good food and stand-up comedy.

WHAT DO YOU DO TO DECOMPRESS/ELIMINATE STRESS/ REFUEL FOR THE NEXT DAY? Hang out with my dog Tori, a mastiff/Great Dane mix; read; spend time with family/friends; sleep

HOW WOULD YOU DESCRIBE YOUR JOB TO A 5 YEAR OLD? I help kids feel as good as possible in school.

YOU HAVE YOUR OWN LATE-NIGHT TALK SHOW - WHO WOULD YOU INVITE AS YOUR FIRST GUEST?
My mom