

I AM ASCA

JENIFER CORONA

Graduate Student
California Lutheran University
Thousand Oaks, Calif.

WHAT INSPIRES YOU ABOUT BECOMING A SCHOOL COUNSELOR? Knowing school counselors have the power to help students feel seen and being someone students can count on and feel safe with by just being themselves.

WHAT'S A WEIRD FACT YOU KNOW? Cows have best friends and actually get stressed when they are away from them.

WHAT WORDS DO YOU LIVE BY? "Everything happens for a reason." I apply this to my everyday life and have come to realize that all my experiences happen for a reason. Even if I don't understand or know why they happen, there is a purpose, value or a lesson learned to grow from them.

WHAT BRINGS YOU JOY? Being surrounded by friends or family, as well as music, coffee and fun experiences.

WHAT DO YOU DO TO DECOMPRESS/ ELIMINATE STRESS/REFUEL FOR THE NEXT DAY? My ritual when feeling stressed or needing to decompress is a nice drive with windows down and my music blasting. Extra points if I have an iced latte with me during the drive.

HOW WOULD YOU DESCRIBE YOUR JOB TO A 5 YEAR OLD? I help kids at school when they have big feelings, friend problems or need help doing their best in class. I'm someone they can talk to when they need help solving problems.

FAST FACTS > WHAT'S YOUR FAVORITE SMELL? FRESH FLOWERS > **WHAT'S YOUR FAVORITE DESSERT?** PAN DULCE > **WHAT'S YOUR GUILTY PLEASURE?** SPICY CHIPS > **WHAT SUPERPOWER DO YOU WISH YOU HAD?** FLYING > **WHAT COULD YOU TALK ABOUT FOR 30 MINUTES WITH NO NOTES?** HOW SUPPORTIVE MY PARENTS HAVE BEEN THROUGHOUT MY LIFE AND HOW MUCH THEIR ENCOURAGEMENT AND SUPPORT HAVE SHAPED WHO I AM TODAY. > **DO YOU HAVE ANY HIDDEN TALENTS?** HORSEBACK RIDING

READ MORE ABOUT JENIFER

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