MICHAEL SODERSTROM

School Counselor Bolingbrook High School Bolingbrook, III.

WHY ARE YOU AN ASCA MEMBER? I'm an ASCA member due to all the amazing resources available, along with the community of awesome people sharing a common goal of providing a comprehensive school counseling program for students.

WHAT MAKES YOU UNIQUE AS A SCHOOL COUNSELOR? I am not sure about unique, but I wasn't the most shining example of a student when I was in high school. I use my experience to help students who are like I was to realize that high school doesn't define them.

WHAT WORDS DO YOU LIVE BY? "I can't promise to fix all of your problems, but I can promise that you don't have to face them alone."

FAST FACTS > WHAT'S YOUR FAVORITE SONG? I HAVE

ECLECTIC MUSICAL TASTE AND DON'T KNOW IF I CAN IDENTIFY ONE SPECIFIC SONG: MY FAVORITE GENRES ARE

ROCK, METAL, HIP HOP AND COUNTRY. > WHAT'S YOUR

COFFEE ORDER? EXTRA LARGE DUNKIN' COFFEE, FRENCH

VANILLA CREAM ONLY. > WHAT'S YOUR GUILTY PLEASURE? HAMBURGERS > WHAT SUPERPOWER DO YOU WISH YOU

HAD? MY SUPERPOWER WOULD BE TO READ PEOPLE'S

MINDS. WHAT IS ONE THING YOU'RE REALLY GOOD AT?

TECHNOLOGY AND ITS IMPLEMENTATION. > WHAT'S

SOMETHING YOU THINK MOST PEOPLE DON'T KNOW ABOUT

YOU? I AM AN ARTIST AND CAN DRAW REALLY WELL.

READ MORE ABOUT MICHAEL SCHOOLCOUNSELOR.ORG/IAMASCA



WHEN AND WHY DID YOU KNOW YOU WANTED TO BE A SCHOOL COUNSELOR? | always knew | liked helping people, but it wasn't until my late 30s that I followed my passion of working with students as a school counselor. Helping students find their success is the best choice I ever made.

WHAT'S YOUR FAVORITE THING ABOUT BEING A SCHOOL COUNSELOR? Seeing students who didn't think they

could actually achieve their goals.

WHAT DO YOU DO WHEN YOU NEED TO DECOMPRESS/ELIMINATE STRESS/REFUEL FOR THE NEXT DAY? Hang out with my family, play video games, go out for a big juicy burger or read through old thank you notes from students. Being able to enjoy these things helps me recharge for what's to come.

WHAT'S YOUR FAVORITE TOOL YOU USE IN YOUR WORK AS A SCHOOL COUNSELOR? Google and the data it can help me track and manage. Since I now collect data on everything I do, I can be more effective when working with my students.