2022-2023 National Educational and Health Awareness Dates

AUG.22
National Immunization Awareness Month

SEPT.22
Childhood Cancer Awareness Month
Children’s Good Manners Month
Deaf Awareness Month
Hispanic Heritage Month (Sept. 15–Oct. 15)
Library Card Sign-up Month
National Childhood Obesity Awareness Month
National Preparedness Month
National Recovery Month
Self-Improvement Month
Sexual Health Awareness Month
Suicide Prevention Awareness Month

7 Friendship Day
8 Happiness Happens Day
13 Left Handers Day
26 Women’s Equality Day

4-10 National Suicide Prevention Week
8 International Literacy Day
10 World Suicide Prevention Day
11 Grandparents Day
17 Constitution Day/Citizenship Day
17 World Clean-Up Day
18-24 Child Passenger Safety Week
18-24 Student Sleep Health Week
19-23 National Historically Black Colleges and Universities (HBCUs) Week
21 International Day of Peace
21 National School Backpack Awareness Day
23 International Day of Sign Languages
28 National Women’s Health & Fitness Day

PAGE 1 | NATIONAL EDUCATIONAL AND HEALTH AWARENESS DATES • 2022-2023 CALENDAR
<table>
<thead>
<tr>
<th>Date</th>
<th>Event</th>
</tr>
</thead>
<tbody>
<tr>
<td>OCT. 22</td>
<td>[List of events for October 22]</td>
</tr>
<tr>
<td>NOV. 22</td>
<td>[List of events for November 22]</td>
</tr>
</tbody>
</table>

**OCT. 22**

ADHD Awareness Month  
Bullying Prevention Month  
Communicate with Your Kids Month  
Computer Learning Month  
Crime Prevention Month  
Domestic Violence Awareness Month  
Down Syndrome Awareness Month  
Dyslexia Awareness Month  
Health Literacy Month  
LGBT History Month  
Meet the Blind Month  
National Book Month  
National Bullying Prevention Awareness Month  
National Depression and Mental Health Screening Month  
Positive Attitude Month

**NOV. 22**

Adoption Awareness Month  
College Application Month  
Military Family Appreciation Month  
National Career Development Month  
National Family Caregivers Month  
National Homeless Youth Awareness Month  
National Runaway Prevention Month  
National Scholarship Month  
Native American Heritage Month  
Picture Book Month  

<table>
<thead>
<tr>
<th>Date</th>
<th>Event</th>
</tr>
</thead>
<tbody>
<tr>
<td>1</td>
<td>International Day for Older Persons</td>
</tr>
<tr>
<td>2-8</td>
<td>Mental Illness Awareness Week</td>
</tr>
<tr>
<td>3</td>
<td>Child Health Day</td>
</tr>
<tr>
<td>3</td>
<td>World Habitat Day</td>
</tr>
<tr>
<td>5</td>
<td>World Teacher's Day</td>
</tr>
<tr>
<td>5</td>
<td>Walk to School Day</td>
</tr>
<tr>
<td>6</td>
<td>National Depression Screening Day</td>
</tr>
<tr>
<td>7</td>
<td>World Smile Day</td>
</tr>
<tr>
<td>10</td>
<td>Indigenous Peoples’ Day</td>
</tr>
<tr>
<td>10</td>
<td>World Mental Health Day</td>
</tr>
<tr>
<td>11</td>
<td>National Coming Out Day</td>
</tr>
<tr>
<td>16</td>
<td>World Food Day</td>
</tr>
<tr>
<td>16-22</td>
<td>America’s Safe Schools Week</td>
</tr>
<tr>
<td>17-21</td>
<td>National Health Education Week</td>
</tr>
<tr>
<td>17-21</td>
<td>National School Bus Safety Week</td>
</tr>
<tr>
<td>19</td>
<td>Unity Day – Kindness, Acceptance, Inclusion</td>
</tr>
<tr>
<td>22</td>
<td>International Stuttering Awareness Day</td>
</tr>
<tr>
<td>23-31</td>
<td>Red Ribbon Week (Drug-Free America)</td>
</tr>
<tr>
<td>24</td>
<td>United Nations Day</td>
</tr>
<tr>
<td>12-20</td>
<td>National Hunger and Homelessness Awareness Week</td>
</tr>
<tr>
<td>13</td>
<td>World Kindness Day</td>
</tr>
<tr>
<td>13-19</td>
<td>Transgender Awareness Week</td>
</tr>
<tr>
<td>14-18</td>
<td>American Education Week</td>
</tr>
<tr>
<td>14-20</td>
<td>National Apprenticeship Week</td>
</tr>
<tr>
<td>15</td>
<td>International Day for Tolerance</td>
</tr>
<tr>
<td>17</td>
<td>Children’s Grief Awareness Day</td>
</tr>
<tr>
<td>17</td>
<td>Great American Smokeout</td>
</tr>
<tr>
<td>17</td>
<td>National Parental Involvement Day</td>
</tr>
<tr>
<td>19</td>
<td>Family Volunteer Day</td>
</tr>
<tr>
<td>19</td>
<td>International Survivors of Suicide Loss Day</td>
</tr>
<tr>
<td>19</td>
<td>National Adoption Day</td>
</tr>
<tr>
<td>20</td>
<td>Transgender Day of Remembrance</td>
</tr>
<tr>
<td>25</td>
<td>Native American Heritage Day</td>
</tr>
<tr>
<td>25</td>
<td>Random Acts of Kindness Friday</td>
</tr>
</tbody>
</table>
DEC.22
National Impaired Driving Prevention Month
Safe Toys and Gifts Month

1 World AIDS Day
1-7 National Handwashing Awareness Week
2 Special Education Day
3 International Day of Persons with Disabilities
5 International Volunteer Day
10 Human Rights Day
15 Bill of Rights Day

JAN.23
Get Organized Month
National Mentoring Month
National Thank You Month

1 Emancipation Proclamation Anniversary
1 Global Family Day
15 World Religion Day
16 Martin Luther King, Jr., Day of Service
27 International Holocaust Remembrance Day

FEB.23
African American History Month
Career and Technical Education Month
Gap Year Awareness Month
International Boost Self-Esteem Month
National Children’s Dental Health Month
Teen Dating Violence Awareness and Prevention Month

6-10 National School Counseling Week
1 National Freedom Day
2 National Groundhog Job Shadow Day
6-10 Black Lives Matter in Education Week
12-18 Random Acts of Kindness Week
22 World Thinking Day
27-March 5 National Eating Disorders Awareness Week

MARCH 23
Developmental Disabilities Awareness Month
Gender Equality Month
Middle Level Education Month
Music in our Schools Month
National Nutrition Month
Women’s History Month
Youth Art Month

1 Self-Injury Awareness Day
2 Read Across America Day
6-10 National School Breakfast Week
8 International Women’s Day
10 SEL Day
13-17 Say Something Week
13-19 National Sleep Awareness Week
21 International Day for the Elimination of Racial Discrimination
21 World Down Syndrome Day
22 World Water Day
31 Transgender Day of Visibility
APRIL 23

Alcohol Awareness Month
Arab American Heritage Month
Autism Acceptance Month
Child Abuse Prevention Month
Community Service Month
Counseling Awareness Month
Deaf History Month
D.E.A.R. Drop Everything and Read Month
Keep America Beautiful Month
Mathematics Awareness Month
Month of the Military Child
National STD Awareness Month
National Youth Sports Safety Month
School Library Month
Sexual Assault Awareness and Prevention Month

MAY 23

Asian-Pacific American Heritage Month
Better Hearing and Speech Month
Clean Air Month
Jewish American History Month
Mental Health Month
Military Appreciation Month
National Bike Month
National Foster Care Month
National Physical Fitness and Sports Month
Teen Pregnancy Prevention Month

JUNE 23

Fireworks Safety Month (1–July 4)
LGBTQ Pride Month
National Hunger Awareness Month
National Safety Month

1-5 National PTA Teacher Appreciation Week
1-5 Screen Free Week (TV Turnoff Week)
1-7 Choose Privacy Week
4 National Children’s Mental Health Awareness Day
17 International Day Against Homophobia, Transphobia, and Biphobia
21 Armed Forces Day
25 National Missing Children’s Day
31 World No Tobacco Day

5 World Environment Day
10 Family Health & Fitness Day
11 Children’s Day
14 Flag Day
19 Juneteenth