



Bullying Prevention Specialist Training

LOCATION: Online, Self-paced

LINDENWOOD UNIVERSITY: EW 51279 Bullying Prevention Specialist

COURSE DESCRIPTION:

School counselors recognize the need for all students to attend school in a safe, orderly and caring environment. To promote this type of environment, comprehensive school counseling programs should include anti-bullying/harassment and violence-prevention programs along with comprehensive conflict-resolution programs to foster a positive school climate. Prevention programs increase the opportunity for improved academic achievement, appropriate behavior, positive relationships, successful resolution of conflicts, safe school climate and increased attendance. Participating in prevention activities empowers and encourages students to take responsibility for their behavior and for the climate of their school and community.

School counselors play a critical role in the development of policies supporting a safe school environment, and they provide leadership to the school by assisting in the design and implementation of schoolwide anti-bullying/harassment, violence prevention and conflict-resolution activities and programs. Learn how to create a comprehensive bullying prevention program in your school that promotes a safe and positive learning environment for your students.

LEARNING OBJECTIVES:

After completing this course, you should be able to:

- Explain the need for all students to attend safe, orderly and caring schools
- Define and recognize bullying and describe its various forms, including the key differences between rudeness, mean behavior and bullying in schools
- Describe best practices in bullying prevention and response
- Include effective bullying prevention programs as a part of the comprehensive school counseling program
- Recognize differentiated interventions are needed for bullying and resolving a conflict
- Strategize how to collaborate with teachers, administrators, parents/guardians and the community to deliver prevention programs that encourage student growth and achievement and ensure a safe school climate

| REQUIRED COURSE MATERIALS/ASSIGNMENTS | | Hours: |
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| MODULE 1 | | |
| Book: "ASCA National Model: A Framework for School Counseling Programs, (fourth edition) | | 7 |

| MODULE 2 | |
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| Book: "Bullying and Cyberbullying: What Every Educator Needs to Know" | 16 |
| MODULE 3 | |
| Book: Bullying Today: Bullet Points and Best Practices | 14 |
| MODULE 4, Part 1 | |
| ASCA Standards: ASCA Ethical Standards for School Counselors | 0.5 |
| ASCA Position Statement: The School Counselor and the Promotion of Safe Schools through Conflict Resolution and Bullying/Harassment Prevention | 0.25 |
| <i>Professional School Counseling</i> Journal article: Evaluation of a Brief, School-Based Bullying Bystander Intervention for Elementary School Students , Vol. 20, No. 1 (2016-2017) | 1 |
| <i>Professional School Counseling</i> Journal article: School-Based Mental Health Professionals' Bullying Assessment Practices: A Call for Evidence-Based Bullying Assessment Guidelines | 1 |
| <i>Professional School Counseling</i> Journal article: Children's Tendency to Defend Victims of School Bullying | 1 |
| <i>Professional School Counseling</i> Journal article: Preventing and Responding to Bullying: An Elementary School's 4-Year Journey | 1 |
| <i>Professional School Counseling</i> Journal article: School Counselor Use of Peer Nominations to Identify Victims of Bullying | 1 |
| MODULE 4, Part 2 | |
| <i>Professional School Counseling</i> Journal article: Ethnic Identity and Subjective Well-Being of Bully Participants | 1 |
| <i>Professional School Counseling</i> Journal article: Effectiveness of an Afterschool-Based Aggression Management Program for Elementary Students | 1 |
| ASCA <i>School Counselor</i> Magazine article: Mean Girls and Rough Boys | 1 |
| ASCA Video: Rude, Mean or Bullying? | 1 |
| ASCA Video: Bullying Prevention: Move From Awareness to Action | 1 |
| ASCA Video: Schoolwide Bully Prevention | 1 |
| ASCA Video: Group Activities to End Bullying | 1 |
| Podcast: <u>TED Talk: To this day...for the bullied and beautiful</u> | 0.15 |
| Podcast: <u>TED Talk: When online shaming goes too far</u> | 0.15 |
| Podcast: <u>TED Talk: How I turn negative online comments into positive offline conversations</u> | 0.15 |
| Total Hours: | 50 |

ASCA SCHOOL COUNSELOR PROFESSIONAL STANDARDS & COMPETENCIES:

M2; M5; B-PF 1; B-PF 5; B-SS 1; B-SS 2; B-SS 3; B-SS 6

ASCA STANDARDS FOR SCHOOL COUNSELOR PREPARATION PROGRAMS (ASCA CAEP SPA)

2.1; 2.2; 2.3; 3.1; 3.2; 4.1; 4.2; 4.3

CACREP STANDARDS

G 1.e; G 2.f; G 3.h; G 3.k; G 3

Rev. November 2023